

The BURNSVILLE-MINNESOTA VALLEY FIGURE SKATING CLUB ANNOUNCES



A U.S. Figure Skating
Basic Skills Competition
Through Juvenile Freestyle

Burnsville Ice Center

251 Civic Center Parkway, Burnsville, Minnesota

Sponsored by the Burnsville-Minnesota Valley Figure Skating Club

Sanctioned by U.S. Figure Skating, Referee: Elizabeth Harty

Member of TCFSA Basic Skills Competition Series



RULES – This competition will be conducted under the rules of U.S. Figure Skating as set forth in the 2012 Rule Book.

ELIGIBILITY – The competition is open to all skaters that are Juvenile Freestyle and below, who are currently eligible (ER 1.00) members of either the Basic Skills program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing.

Eligibility will be based on skill level as of **October 3, 2011**. All Snowplow Sam and Basic Skills skaters through Basic 8 must skate at highest level passed. Skaters in other events may skate at highest level passed OR one level higher BUT not less than highest level passed. Skaters must compete at the same level in all events. Entering an additional event is optional. Due to U.S. Figure Skating sanction, the Juvenile restriction for Basic Skills does not apply.

ONLINE ENTRY – **REGISTER ONLINE** at www.bmvfsc.org and pay via a secured credit card transaction. (VISA, MASTERCARD, and DISCOVER only please). Secure online entry must be COMPLETED by midnight on **Monday, October 3, 2011**.

When using the online registration, it is the skaters' and coaches' responsibility to verify that the skater has entered the correct event and level. Event changes or additions to entries made after an application has been submitted may be assessed a \$25 charge/add fee. Please also check the website: www.bmvfsc.org for any possible changes or corrections to this announcement.

MAIL IN (paper forms) ENTRY – Online is the preferred method of registration, however we will accept mail-in (paper) registration and payment by check with an additional \$5.00 processing fee per skater. Mail-in entries must be postmarked no later than **Monday, October 3, 2011**. A coach should review the entry form for accuracy. His/her signature finalizes the skaters' category and events. Certification of club standing by an officer of skaters' home club is required. **Please include a stamped, self-addressed envelope if you would like a copy of your schedule.**

MAIL CHECKS PAYABLE TO **BMVFSC** (including \$5.00 fee), PAPER ENTRY FORM and SELF-ADDRESSED, STAMPED ENVELOPE TO:
BMVFSC - Autumn Skate Fest 2011
C/o Janet Martineau
2059 Omega Dr.
Shakopee, MN 55379

ENTRY INFORMATION – Entry fees are per person, U.S. dollars. The first event is \$45.00 and each additional event is \$20.00. No refunds after the closing date unless the event is cancelled by organizers. There will be a \$25.00 fee for returned checks and skater will not be allowed on the ice until covered.

Late entries will only be accepted if approved by the LOC and Referee and require a \$15 late fee.

PRACTICE ICE – No official practice ice is included with your registration fees. It will be sold on a first-come, first-served basis. Cost of practice ice is \$10 per 20-minute session in advance and \$12 if purchased during the competition. A practice ice schedule will be posted on the BMVFSC website once the competition schedule is available. Practice Ice reservations can be made via through the online registration system.

GENERAL INFORMATION – See the following pages regarding age requirements, compulsory moves, and freestyle requirements. Warm-up ice will be provided for each group. Skaters and their parent/guardian must check in the skater at the registration desk at least one hour prior to the skater's first event and 30 minutes prior to the event with the ice monitor. Awards will be made at the photo podium following the posting of official results.



MUSIC – CD's standard Compact Disk format **ONLY will be accepted.** CD-RW and cassette tapes will not be accepted (we will not have the ability to play cassette tapes). Music must be clearly marked with the name of the skater, event entered and length of music. All music needs to be cut to requirement length and on a CD by itself. Music will stop within 10 seconds of the referee indicating that the allowed time has expired. Competition music is to be turned in at the time of registration and picked up after the skater's event. All skaters should have a back up CD. They should bring it with them down to the ice level. All care will be taken, but the Burnsville-Minnesota Valley Figure Skating Club cannot accept responsibility for unclaimed music. Unclaimed music can be returned upon request up to 30 days after the competition at the skater's expense.

REFUNDS – There will be no refunds given unless an event is cancelled by us for lack of participation.

CANCELLATIONS – A scheduled event may be cancelled or combined with another event if there are fewer than three (3) skaters, or if the Referee determines the groups will be combined or cancelled. Skaters will be notified of any cancellations or event combinations.

FOR MORE INFORMATION AND SCHEDULE – Please check the BMVFSC web site at <http://www.bmvfsc.org>
We will have the schedule posted as soon as it is available.

QUESTIONS – Contact Janet Martineau E-mail: mattnjan@comcast.net

**BASIC ELEMENTS EVENT: SNOWPLOW SAM – BASIC 8**

Format: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on **OR** each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed**
- Time: 1:00 or less

Level	Elements
Snowplow Sam	<ol style="list-style-type: none">1. March followed by a two foot glide and dip2. Forward two foot swizzles 2-3 in a row3. Forward snowplow stop4. Backward wiggles 2-6 in a row
Basic 1	<ol style="list-style-type: none">1. Forward two foot glide and dip2. Forward two foot swizzles 6-8 in a row3. Forward snowplow stop4. Backward wiggles 6-8 in a row
Basic 2	<ol style="list-style-type: none">1. Forward one foot glide - either foot2. Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot3. Moving snowplow stop4. Two foot turn in place- forward to backward5. Backward two foot swizzles 6 - 8 in a row
Basic 3	<ol style="list-style-type: none">1. Forward stroking2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive3. Backward one foot glide - either foot4. Forward slalom5. Two foot spin – minimum three revolutions
Basic 4	<ol style="list-style-type: none">1. Standstill forward outside three-turn - R & L2. Forward outside edge on a circle clockwise or counter clockwise3. Forward crossovers 4-6 consecutive both directions4. Backward stroking - 4-6 strokes5. Backward snowplow stop - R or L
Basic 5	<ol style="list-style-type: none">1. Backward outside edge on a circle, clockwise or counter clockwise2. Backward crossovers – 4-6 consecutive, both directions3. Basic one foot spin –free leg held to side of spinning leg- minimum three revolutions4. Side toe hop – either direction5. Hockey stop



Level	Elements
Basic 6	<ol style="list-style-type: none">1. Standstill forward inside three-turn - R & L2. Bunny Hop3. Forward spiral on a straight line - R or L4. Lunge - R or L5. T-stop - R or L
Basic 7	<ol style="list-style-type: none">1. Standstill forward inside open Mohawk - R to L and L to R2. Ballet Jump - either direction3. Back crossovers to a back outside edge landing position clockwise and counter clockwise4. Forward inside pivot
Basic 8	<ol style="list-style-type: none">1. Moving forward outside or forward inside three-turns R & L2. Waltz jump3. Mazurka - either direction4. 1 Combination move - clockwise <u>or</u> counter clockwise – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge5. Beginning one-foot upright spin – free foot held to side of spinning leg or crossed position -minimum three revolutions

**FREE SKATE 1-6 COMPULSORY EVENT**

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 or less

Level	Elements
Free Skate 1	<ol style="list-style-type: none">1) Advanced forward stroking 4-6 consecutive2) Basic forward outside edges and forward inside consecutive edges 2-4 outside and 2-4 inside3) One-foot upright scratch spin from backward crossovers - minimum three revolutions4) Waltz jump from backward crossovers5) Half flip jump
Free Skate 2	<ol style="list-style-type: none">1) Forward outside and inside spiral - R or L2) Waltz 3's - R or L, 2-3 sets3) Beginning back spin - entry optional4) Waltz jump, side toe hop, waltz jump series5) Toe loop jump
Free Skate 3	<ol style="list-style-type: none">1) Forward crossovers in a figure 82) Advanced forward outside swing rolls 4-6 consecutive3) Back spin - minimum three revolutions4) Salchow jump5) Waltz jump/toe loop or Salchow/toe loop
Free Skate 4	<ol style="list-style-type: none">1) Forward power 3's, 2-3 consecutive sets-R or L2) Sit spin- minimum three revolutions3) Loop jump4) Waltz jump/loop jump
Free Skate 5	<ol style="list-style-type: none">1) Camel spin - minimum three revolutions2) Forward upright spin to back upright spin - minimum three revolutions, each foot3) Loop/loop combo jump4) Flip jump
Free Skate 6	<ol style="list-style-type: none">1) Five step mohawk sequence - 1 set alternating pattern (refer to Basic Skills Curriculum Free Skate 6)2) Camel, sit spin combination - minimum of four revolutions total3) Split jump or stag jump4) Waltz jump, 1/2 loop, Salchow combination jump5) Lutz jump



COMPULSORY EVENT for TEST TRACK

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 or less

Level and Qualifications	Elements
Limited Beginner (may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests)	1) Waltz jump 2) ½ jump of choice 3) Forward two foot or one foot spin, minimum three revolutions (free leg position optional) 4) Forward or backward spiral
Beginner (may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests)	1) Toe loop jump 2) Salchow jump 3) Forward scratch spin- minimum three revolutions 4) Forward or backward spiral
No Test (may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests, no official U.S. Figure Skating free skate tests passed)	1) Loop jump 2) Jump combination to include a toe loop (may not use a loop or Axel) 3) Solo spin- sit <u>or</u> camel spin - minimum three revolutions 4) Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves may be included.
Pre-Preliminary (may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test)	1) Flip jump 2) Jump combination waltz jump/toe loop jump OR Salchow/toe loop jump 3) Solo spin- sit <u>or</u> camel spin - minimum three revolutions 4) Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves may be included.
Preliminary (must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test)	1) Lutz jump 2) Single jump combination (may not use Lutz jump or Axel) 3) Camel spin- minimum three revolutions 4) Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves may be included.



Level and Qualifications	Elements
Pre-Juvenile/Open Pre-Juvenile (must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than the pre-juvenile free skate test)	<ol style="list-style-type: none">1) Single jump (no axel)2) Single/single combination (no axel and must be 2 different jumps, may not repeat #1 jump)3) jumps, may not repeat #1 jump)4) Combination spin – 1 change of foot (6 rev min)5) Forward spiral6) Power pulls (forward or backward, 1 foot only)
Juvenile/Open Juvenile (must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than the juvenile free skate test)	<ol style="list-style-type: none">1) Backward power 3's (1 circle)2) Single/single jump combination(may include axel, may not repeat for jump#3)3) Single jump (may include Axel)4) Combination spin with 1 change of foot and no change of position5) Forward spiral



COMPULSORY/SHORT PROGRAM EVENT For WELL-BALANCED PROGRAMS

No Music – time limitations as specified by level.

Skating order of the required elements is optional. They will be performed in a program.

Level and Qualifications	Ice Size	Time	Elements
Pre-Preliminary (may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test)	½ Sheet	1:00 Minute Max	<ol style="list-style-type: none"> 1) Single jump 2) Single/Single combination (axel allowed, may not repeat #1 jump) 3) Solo spin – Sit (minimum 3 revolutions) 4) Spiral sequence – must include forward and backward. Additional spirals and balance moves may be included
Preliminary (must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test)	½ Sheet	1:00 Minute Max	<ol style="list-style-type: none"> 1) Single jump 2) single/single combination (axel allowed, may not repeat #1 jump) 3) Camel spin (minimum 3 revolutions) 4) Spiral sequence – 1 forward and 1 backward 5) Power 3's (right or left)
Pre-Juvenile/Open Pre-Juvenile (must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than the pre-juvenile free skate test)	½ Sheet	1:00 Minute Max	<ol style="list-style-type: none"> 1) Single jump 2) Single/single or Double/Single Combination (may include axel) 3) Combination Spin – 1 foot change, 9minimum 6 total revolutions 4) Forward Spiral 5) Power pulls (front or back, only one foot)
Juvenile/Open Juvenile (must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than the juvenile free skate test)	Full Sheet With Music	2:00 Minute Max	<ol style="list-style-type: none"> 1) Axel Jump 2) Double Salchow 3) Double/Single Jump Combination 4) Split, Stag or Falling Leaf Jump 5) Combination Spin with 1 change of foot 6) Straight Line Step Sequence

**BASIC PROGRAM EVENT: SNOWPLOW SAM - BASIC 8**

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified. Vocal music is allowed.

- To be skated on full ice
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 +/- 10 seconds

Level	Elements
Snowplow Sam	<ol style="list-style-type: none">1) March followed by a two foot glide and dip2) Forward two foot swizzles 2-3 in a row3) Backward wiggles 2-6 in a row4) Forward snowplow stop
Basic 1	<ol style="list-style-type: none">1) Forward two foot glide and dip2) Forward two foot swizzles 6 -8 in a row3) Backward wiggles 6-8 in a row4) Forward snowplow stop
Basic 2	<ol style="list-style-type: none">1) Forward one foot glide - either foot2) Two foot turn in place- forward to backward3) Backward two foot swizzles 6 - 8 in a row4) Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot5) Moving snowplow stop
Basic 3	<ol style="list-style-type: none">1) Forward stroking2) Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive3) Backward one foot glide – either foot4) Forward slalom5) Two foot spin – minimum three revolutions
Basic 4	<ol style="list-style-type: none">1) Forward crossovers 4-6 consecutive both directions2) Standstill forward outside three- turn - R & L3) Backward stroking - 4-6 strokes4) Backward snowplow stop - R or L
Basic 5	<ol style="list-style-type: none">1) Backward crossovers 4-6 consecutive, both directions2) Basic one foot spin, free leg held to side of spinning leg – minimum three revolutions3) Side toe hop – either direction4) Hockey stop



Level	Elements
Basic 6	<ol style="list-style-type: none">1) Standstill forward inside three-turn - R & L2) Bunny Hop3) Forward arabesque spiral on a straight line R or L4) Lunge - R or L5) T-stop - R or L
Basic 7	<ol style="list-style-type: none">1) Standstill forward inside open Mohawk - R to L and L to R2) Ballet Jump- either direction3) Back crossovers to a back outside edge landing position clockwise and counter clockwise4) Forward inside pivot
Basic 8	<ol style="list-style-type: none">1) Moving forward outside or forward inside three-turns R & L2) Waltz jump3) Mazurka in either direction4) 1 Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge5) Beginning one-foot upright spin - free foot held to side of spinning leg or crossed position -minimum three revolutions

**FREE SKATE 1-6 PROGRAM EVENT**

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

Level	Elements
Free Skate 1	<ol style="list-style-type: none">1) Advanced forward stroking 4-6 strokes2) One-foot upright scratch spin from back crossovers - minimum three revolutions3) Waltz jump from backward crossovers4) Half flip jump
Free Skate 2	<ol style="list-style-type: none">1) Forward outside spiral - R or L2) Beginning back spin3) Waltz jump, side toe hop, waltz jump4) Toe loop
Free Skate 3	<ol style="list-style-type: none">1) Forward crossovers in a figure 82) Back spin - minimum three revolutions3) Salchow4) Waltz jump/toe loop OR Salchow/toe loop jump combination
Free Skate 4	<ol style="list-style-type: none">1) Forward power 3's, 2-3 consecutive, R or L2) Sit spin - minimum three revolutions3) Loop jump4) Waltz jump/loop jump combination
Free Skate 5	<ol style="list-style-type: none">1) Camel Spin - minimum three revolutions2) Forward upright spin to back upright spin - minimum three revolutions each foot3) Loop/loop jump combination4) Flip jump
Free Skate 6	<ol style="list-style-type: none">1) Camel/sit spin combination - minimum four revolutions total2) Split or stag jump3) Waltz jump/ 1/2 loop/Salchow combination jump4) Lutz jump



TEST TRACK PROGRAM EVENT

Skaters may enter EITHER the new test track free skate program or the well-balanced track free skate program but **NOT** both during the same nonqualifying competition. Competitors will skate to music of their choice, vocal music permitted. The 6.0 judging system will be used for all Test Track events.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra or lacking element.
- 0.1 for any spin with less than required revolutions.

Level and Qualifications	Time	Elements
Limited Beginner (must not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests)	1:30 +/- 10 sec	<ol style="list-style-type: none"> 1) <i>Max 5 jump elements:</i> Jumps with not more than one-half rotation (front to back or back to front). <i>Max 2 jump sequences. Max 2 of any same jump</i> 2) <i>Max 2 spins:</i> Two upright spins, no change of foot, no flying entry (Min 3 revolutions) 3) Connecting moves and steps should be demonstrated throughout the program
Beginner (must not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests)	1:30 +/- 10 sec	<ol style="list-style-type: none"> 1) <i>Max 5 jump elements:</i> Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only. <i>Max 2 jump combinations or sequences. Max 2 of any same type jump</i> 2) <i>Max 2 spins:</i> Two upright spins, change of foot optional, no flying entry (Min 3 revolutions) 3) Connecting moves and steps should be demonstrated throughout the program
Pre-Preliminary (must have not passed tests higher than U.S. Figure Skating Pre-Preliminary free skate test)	1:30 +/- 10 sec	<ol style="list-style-type: none"> 1) <i>Max 5 jump elements:</i> Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow, toe loop and loop only. <i>Max 2 jump combinations or sequences. Max 2 of any same type jump</i> 2) <i>Max 2 spins:</i> Two spins of a different nature, one position only, no change of foot, no flying entry. (Min 3 revolutions) 3) Connecting moves and steps should be demonstrated throughout the program
Preliminary (must have passed U.S.)	1:30 +/- 10 sec	<ol style="list-style-type: none"> 1) <i>Max 5 jump elements:</i> Jumps with not more than one rotation (no



Level and Qualifications	Time	Elements
Figure Skating Pre-Preliminary FS and not higher than Preliminary free skate test)		<p><i>Axels). Max 2 jump combinations or sequence. Max 2 of any same type jump</i></p> <p>2) <i>Max 2 spins: One spin in one position, no change of foot, no flying entry (Min 3 revs) and One consisting of a front scratch to back scratch, exit on spinning foot not mandatory. (Min 3 revs on each foot).</i></p> <p>3) <i>Connecting moves and steps should be demonstrated throughout the program.</i></p>
<p>Pre-Juvenile/Open Pre-Juvenile (must have passed U.S. Figure Skating Preliminary FS but not higher than Pre-Juvenile FS)</p>	2:00 +/- 10 sec	<p>1) Five (5) jump elements maximum- single rotation jumps only (no Axels); jump combinations or sequences are allowed- max 2. Max 2 of any same jump.</p> <p>2) Two (2) spins – One spin in one position, no change of foot (Min 3 revs) and one combination spin: forward camel spin to forward sit spin, change of foot optional (Min 6 revs combined in forward sit and camel positions) Spins may not fly.</p> <p>3) One step sequence straight line, circular, or serpentine fully utilizing ice surface.</p>
<p>Juvenile/Open Juvenile (must have passed U.S. Figure Skating Pre-Juvenile FS but not higher than Juvenile FS)</p>	2:15 +/- 10 sec	<p>1) Five (5) jump elements maximum – single jumps and jump combinations with not more than 1 ½ rotations (Axels permitted). Jump combinations or sequences are allowed- max 2. Max 2 of any same jump.</p> <p>2) Two (2) spins. – One spin in one position, no change of foot (Min 4 revs) and one combination spin with at least one change of foot and one change of position, must include two of the basic spin positions (4 revs on each foot). Only solo spin may fly.</p> <p>3) 3) One step sequence straight line, circular, or serpentine fully utilizing ice surface</p>



FREESTYLE EVENT For WELL-BALANCED PROGRAMS

Deductions will be taken if elements from a higher level are skated in a program.

Elements may be skated in any order and with no restrictions on number of repetitions.

Connecting steps and elements from a previous level may be used to create a well-rounded program.

Skated on Full Ice

Level	Time	Elements
<p>No Test (May <u>not</u> have passed any official U.S. Figure Skating free skate tests.)</p>	<p>1:30 +/- 10 sec</p>	<ol style="list-style-type: none"> 1) Max 5 jump elements. Single Jumps (no Axel). Max 2 combos or sequences. Combos limited to 2 jumps. Number of jumps in sequence is not limited. 2) Max 2 Spins. Spins must be a different nature. Minimum three revolutions each. Spins may change feet, position and start with a fly. 3) Max 1 Straight line, circular or serpentine step sequence. Must use one half the ice surface.
<p>Pre-Preliminary (must have passed no higher than U.S. Figure Skating Pre-preliminary free skate test.)</p>	<p>1:30 +/- 10 sec</p>	<ol style="list-style-type: none"> 1) Max 5 jump elements. Single Jumps (Axel permitted). Max 2 combos or sequences. Combos limited to 2 jumps. Number of jumps in sequence is not limited. Axel may be repeated as individual jump, combo, or sequence. Max 2 Axels. 2) Max 2 spins. Spins must be a different nature. Minimum three revolutions each. Spins may change feet, position and start with a fly. 3) Max 1 Straight line, circular or serpentine step sequence. Must use one half the ice surface.
<p>Preliminary (must have passed no higher than U.S. Figure Skating Preliminary free skate test.)</p>	<p>1:30 +/- 10 sec</p>	<ol style="list-style-type: none"> 1) Max 5 jump elements. 1 Axel or Waltz jump type jump. Max 2 combos or sequences. Combos limited to 2 jumps. Number of jumps in sequence is not limited. Only 2 different double jumps may be attempted (double Salchow, toe or loop only). Axel and no more than 2 different double jumps may be repeated as individual jumps, combos, or in sequences. Max of 2 Axels or any double jump. 2) Max 2 spins. Spins must be a different nature. Minimum three revolutions each. Spins may change feet, position and start with a fly. 3) Max 1 Straight line, circular or serpentine step sequence. Must use one half the ice surface.
<p>Pre-Juvenile (must have passed no higher than U.S. Figure Skating Pre-Juvenile free skate test.)</p>	<p>2:00 +/- 10 sec</p>	<p>Pre-Juvenile Free Skating Test. Requirements per Rule 4250. Under age 14 as of entry close date.</p>



Level	Time	Elements
Open Pre-Juvenile (must have passed no higher than U.S. Figure Skating Pre-Juvenile free skate test.)	2:00 +/- 10 sec	Pre-Juvenile Free Skating Test. Requirements per Rule 4250. Age 14 or older as of entry close date.
Juvenile (must have passed no higher than U.S. Figure Skating Juvenile free skate test.)	2:15 +/- 10 sec	Juvenile Free Skating Test. Requirements per Rule 4240. Under age 14 as of entry close date.
Open Juvenile (must have passed no higher than U.S. Figure Skating Juvenile free skate test.)	2:15 +/- 10 sec	Juvenile Free Skating Test. Requirements per Rule 4240. Age 14 or older as of entry close date.



SPINS

No Music –half ice

Spins should be skated exactly as stated and in the order listed.

Skaters will perform one spin at a time (no excessive connecting steps). Skaters will be given one opportunity to perform each spin. Groups will be divided according to Basic/Free Skate test levels.

Level	Time	Elements
Basic Skills	1:00 Minute Max	<ol style="list-style-type: none"> 1) Forward pivot, either foot, min. 3 revolutions 2) Two-foot spin, min. 3 revolutions 3) Forward one-foot spin, min. 3 revolutions
Free Skate 1-6	1:00 Minute Max	<ol style="list-style-type: none"> 1) Two-foot spin, min. 3 revolutions 2) Forward one-foot spin, min. 3 revolutions 3) Sit spin, min. 3 revolutions
Beginner/ No Test	1:00 Minute Max	<ol style="list-style-type: none"> 1) Two-foot spin, min. 3 revolutions 2) Forward one-foot spin, min. 3 revolutions 3) Sit spin, min. 3 revolutions
Pre-Preliminary (must have passed no higher than U.S. Figure Skating Pre-preliminary free skate test.)	1:00 Minute Max	<ol style="list-style-type: none"> 1) Forward scratch spin, min. 3 revolutions 2) Backward one-foot spin, min. 3 revolutions 3) Camel spin, min. 3 revolutions
Preliminary (must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test)	1:00 Minute Max	<ol style="list-style-type: none"> 1) Forward scratch spin, min. 3 revolutions 2) Backward one-foot spin, min. 3 revolutions 3) Combination spin of choice - minimum two changes of position or foot, min. 3 revolutions
Pre-Juvenile/Open Pre-Juvenile (must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than the pre-juvenile free skate test)	1:00 Minute Max	<ol style="list-style-type: none"> 1) Layback spin, min. 3 revolutions 2) Sit spin, min. 4 revolutions 3) Camel spin to back one foot spin, Min. 3 revolutions per foot



Level	Time	Elements
Juvenile/Open Juvenile (must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than the juvenile free skate test)	1:00 Minute Max	<ol style="list-style-type: none">1) Camel spin, min. 4 revolutions2) Sit change sit spin, min. 4 revolutions each foot3) Back scratch spin, min. 5 revolutions



TWIN CITY FIGURE SKATING ASSOCIATION BASIC SKILLS COMPETITION SERIES

TCFSA BASIC SKILLS SERIES MISSION STATEMENT: The purpose of the Basic Skills Series is to promote an introductory competitive experience for the beginning TCFSA member skater allowing them to develop the USFS basic skills in an enjoyable environment. The Twin City Figure Skating Association (TCFSA) Basic Skills Competition Series is sponsored solely by TCFSA and is a United States Figure Skating approved Basic Skills Series. Competition announcements and entry forms will be posted on the official website of each participating competition. Basic Skills skaters are automatically registered and will have the opportunity to compete at 12 different local TCFSA member competitions to earn points for a final standing. Awards will be presented to the skaters with the highest point totals when they compete in at least 5 of the participating competitions. Skaters competing in more than 5 competitions will use their 5 highest placements. Point accumulation information will be available at www.tcfsa.org in the basic skills section. A traveling team trophy will be awarded to the TCFSA member club that accumulates the most points during the series season.

THE POINT SYSTEM: Each skater must be a member in good standing of a TCFSA member club or Basic Skills program. Each basic skills freestyle event in each of the series competitions will be eligible for accumulating points. The system for scoring points for the final standing will be as follows:

PLACE	POINTS
1	5
2	4
3	3
4	2

All competitors who place 5th place or lower will be awarded one participation point. Per the USFS basic skills webpage, if there is only one skater in the group, he or she will be awarded three points. Also, should a skater move up a level during the competition series season, their points will follow them to the next level. They will also be rewarded 2 bonus points for moving up ONE time throughout the series season. Participant standings will be posted on the TCFSA website after each competition. Skaters will be notified of their standings via e-mail throughout the season.

A list of participating competitions can be found on the TCFSA website under the basic skills icon.

ELIGIBILITY and RULES FOR PARTICIPANTS: The TCFSA basic skills series is open to ALL skaters who are current eligible members of either the Basic Skills Program or full members of U.S. Figure Skating through a TCFSA member club. Eligibility is based on the skill level as of the closing date of entries. All Snowplow Sam and Basic Skills skaters through Basic 8 must skate at their highest level passed and MAY NOT have passed any US figure skating tests including Moves in the Field or Dance tests. Males and females may, or may not, be placed in the same group. The competitions in the basic skills series will be conducted under the rules set forth by the US Figure Skating "Basic Skills Competition Manual" program. Basic skills levels included in the TCFSA series are Snowplow Sam, Basic 1 through Basic 8 and Freestyle 1 through Freestyle 6. Elements for each level will be included in the individual announcement for each competition.

12 POSSIBLE PARTICIPATING COMPETITIONS:

Competition	Host Club	Website	Month of Competition
Robin Lee Competition	FSC of Minneapolis	www.fscmpls.org	August 2011
Maplewood Fall Classic	Maplewood FSC	www.mfscskate.org	September 2011
Autumn Skate Festival	Burnsville MN Valley FSC	www.bmvfsc.org	November 2011
Granite City Classic	St. Cloud FSC	www.stcloudfsc.org	November 2011
Bend of the River Competition	Mankato FSC	www.mankatofsc.org	January 2012
Hiawathaland	Rochester FSC	www.rochesterfsc.org	February 2012
Skate in the Park	Three Rivers FSC	www.threeriversfsc.org	February 2012
Farmington Spring Festival	Tri-County FSC	www.tri-countyfsc.org	March 2012
Sunflower Classic	Lake Minnetonka FSC	www.lmfsc.org	March 2012
Rosebud Basic Skills	Roseville FSC	www.rosevillefsc.org	May 2012
June Bug Competition	St. Paul FSC	www.stpaulfsc.org	June 2012
McCandless Competition	Braemar City of Lakes FSC	www.braemarfsc.org	June 2012





ENTRY FORM FOR BMVFSC AUTUMN SKATE FEST 2011 – Page 1

Name _____ Birth Date ____/____/____ Gender ___F ___M
 U.S. Figure Skating/ Basic Skills Membership Number _____
 Address _____
 City _____ State _____ Zip _____
 Phone _____ Alternate Phone _____ E-Mail Address _____
 Skating School or Club Representing _____
 Highest Test Passed as of 10/4/10: Freestyle _____ Field Moves _____

ENTRY FEES – Entry fees are per skater, NOT per family.

Skater’s First Event Fee:	\$45.00	First Event	\$ _____
Skater’s Second Event:	\$20.00 (must skate at same level)	Second Event	\$ _____
Skater’s Third Event:	\$20.00 (must skate at same level)	Third Event	\$ _____
Paper Registration Fee:	\$5.00		\$ <u>5.00</u>
Late Fee:	\$15 if register after October 3, 2011		\$ _____
		TOTAL	\$ _____

Mail entry fee with self-addressed stamped envelope and check payable to:

BMVFSC - Autumn Skate Fest 2011
 C/o Janet Martineau
 2059 Omega Dr.
 Shakopee, MN 55379

Entry must be post-marked (not metered) by **October 3, 2011**



ENTRY FORM FOR BMVFC AUTUMN SKATE FEST 2011 – Page 2

Check the event(s) below that the skater wishes to enter. If entering multiple events, all must be skated at the same level.

Skater Name _____

Basic PROGRAM Event

- Snowplow Sam
- Basic 1
- Basic 2
- Basic 3
- Basic 4
- Basic 5
- Basic 6
- Basic 7
- Basic 8

Basic ELEMENTS Events

- Snowplow Sam
- Basic 1
- Basic 2
- Basic 3
- Basic 4
- Basic 5
- Basic 6
- Basic 7
- Basic 8

SPINS

- Snowplow Sam
- Basic 1
- Basic 2
- Basic 3
- Basic 4
- Basic 5
- Basic 6
- Basic 7
- Basic 8
- Free Skate 1
- Free Skate 2
- Free Skate 3
- Free Skate 4
- Free Skate 5
- Free Skate 6
- Beginner/No Test
- Pre-Preliminary
- Preliminary
- Pre-Juvenile/Open Pre-Juvenile
- Juvenile/Open Juvenile

Free Skate 1-6 PROGRAM Event

- Free Skate 1
- Free Skate 2
- Free Skate 3
- Free Skate 4
- Free Skate 5
- Free Skate 6

Free Skate 1-6 COMPULSORY Event

- Free Skate 1
- Free Skate 2
- Free Skate 3
- Free Skate 4
- Free Skate 5
- Free Skate 6

Test Track PROGRAM Event

- Limited Beginner
- Beginner
- Pre-Preliminary
- Preliminary
- Pre-Juvenile/Open Pre-Juvenile
- Juvenile/Open Juvenile

COMPULSORY EVENT – Test Track

- Limited Beginner
- Beginner
- No Test
- Pre-Preliminary
- Preliminary
- Pre-Juvenile/Open Pre-Juvenile
- Juvenile/Open Juvenile

FREESTYLE – Well Balanced

- No Test
- Pre-Preliminary
- Preliminary
- Pre-Juvenile
- Open Pre-Juvenile
- Juvenile
- Open Juvenile

COMPULSORY EVENT – Well Balanced

- Pre-Preliminary
- Preliminary
- Pre-Juvenile/Open Pre-Juvenile
- Juvenile/Open Juvenile

ENTRY FORM FOR BMVFC AUTUMN SKATE FEST 2011 – Page 3

SKATING SCHOOL DIRECTOR’S OR COACH’S CONSENT This is required for entry acceptance)

I certify that the above information is correct and that this skater is eligible to compete at the level indicated on this form.

Name of Director or Coach (please print)

Signature of Skating School Director Coach

Date

Mailing address for Coach/Director

Contact number for Coach/Director

E-Mail

Parent/Guardian Consent: I understand that this entry form must be postmarked **by October 3, 2011** and in accordance with U.S. Figure Skating Rule Book CR. 10.09 entry fees are not refundable after the close of entries unless no competition exists in a particular event or division. Further, I will not hold liable the Burnsville–Minnesota Valley Figure Skating Club, Burnsville Ice Center or U.S. Figure Skating for any injury or loss incurred by my child or myself during this competition.

Parent/Guardian Signature

Date

FOR SKATERS AFFILIATED WITH FIGURE SKATING CLUBS:

_____, is a member in good standing with their home club and
Skater’s name U.S. Figure Skating.

Officer’s signature

Officer’s title – President, Vice President, Secretary or Treasurer



2011 AUTUMN SKATE FEST

Program Ad Form

Several advertising options are available. Ads may be submitted in a variety of standard formats (i.e., jpg, GIF, PDF). It is preferred that ads are emailed. Ads submitted in hardcopy will be scanned. Please contact Lynn Jenn (contact information is below) for more details or questions. Ads and payment must be received by **Monday, October 17, 2011**.

Submit this form, any hardcopy, and check made to BMVFSC to:

Lynn Jenn
16743 Innsbrook Drive
Lakeville, MN 55044

Email: kljenns@earthlink.net

Ad Size	Width x Height	Price	Amount Due
Business Card	3.5" x 2"	\$25.00	\$_____
Quarter Page	3.5"w x 4.75"h	\$50.00	\$_____
Half Page	7.5"w x 4/75"h	\$75.00	\$_____
Full Page	7.5"w x 10"h	\$125.00	\$_____
Inside Back Cover	7.5"w x 10"h	\$200.00	\$_____
Back Cover	7.5"w x 10"h	\$300.00	\$_____
Inside front Cover	7.5"w x 10"h	\$250.00	\$_____
Total Amount Enclosed for Ads:			\$_____

Name of Person Placing ad: _____

Contact Phone number: _____

Contact E-mail: _____